



BRETAGNE

Want to get back to Nature ?

Let the sea air recharge your batteries!

Discover the rich variety of landscapes in Brittany. Land of the sea (Armor), Brittany has 2,700 km of coastal scenery: in fact, a third of the French coastline is in Brittany! You'll love the constantly changing views, sometimes up close and personal, sometimes distant and majestic: cliffs, coves, dunes, sandy beaches - Brittany has it all.

Follow the 'green ways' for an active holiday in unspoiled surroundings

Brittany has another side too: the 'Argoat', or land of woods, an unspoiled inland area that's a rich tapestry of colours. You can get to know this side of Brittany by following one of the 8 'voies vertes' or green ways: on foot, by bike or on horse-back you can cross the Monts d'Arree mountain range in the Armorique Natural Regional Park, discover rivers and canals, or explore the legendary forest of Brocéliande...

Brittany tourist map



www.brittanytourism.com

© Diphenne



© Emmanuel Berthier

Want to hunt out some heritage?

Plunge right in and discover the medieval cities

Brittany's historic past is best hunted on foot. You'll find it lurking down a spiral stone staircase, quietly gleaming in a square surrounded by half-timbered houses, or tucked away behind a gap in the city walls. As you stroll the little back streets in Brittany's many 'Small Towns of Character' ('Petites Cités de Caractères') and 'Towns of Art and History', make sure you look up, or you'll miss the richly decorated and sculpted walls that show off the skills of Brittany's medieval craftsmen.

Gems carved out of stone

In Brittany you'll be hard put to find a bay, stretch of moorland, or even a cliff that doesn't have its own stone cross, statue or chapel! These stone masterpieces seem to spring up everywhere, while the famous 'parish enclosures' can have anything up to 200 sculpted figures. Deciphering these amazing caricatures is a challenge for anyone!



© Emmanuel Berthier

Brittany - a place for all seasons

In every season, Brittany has something new to offer. Visit in spring, when the moors and heaths are bright with the most amazing colours - golden gorse, yellow broom and the rich, contrasting tones of the heather. In summer it's all about the beach - swimming in the sea, crabbing, shellfish-gathering. In autumn, the migrating birds perform their last ballet of the year, and in winter you can watch the amazing spectacle of the huge high tides sweeping the shore - an unforgettable sight.



You can download our brochures "Canal Manche Océan", "Canal de Nantes à Brest" and our map "Voies Vertes" in www.brittanytourism.com/practical-information

Brittany has

- 12,000 km of way-marked hiking trails
- 2,000 km of way-marked bridle paths, open all year round
- 600 km of navigable canals
- 263 species of birds (regular visitors)
- 18 marine mammals (seals, dolphins, whales)
- 4,500 hectares of nature reserves open to the public

Brittany has

- 2,900 listed monuments, making it France's leading heritage region (outside the Ile-de-France area)
- 20 'Historic Towns' and 'Towns of Art and Culture'
- 22 'Small Towns of Character'
- 30 Rural Heritage districts
- More than 4,000 castles and manor houses

Be Breizh ! with www.brittanytourism.com



Feel like some excitement? **GO FOR IT!**

In Brittany fun and freedom are never far away!

In Brittany you can try out some really exciting outdoor activities - in total safety. If you've always dreamt of galloping along beautiful sandy beaches, climbing mountains, getting a bird's eye view of the coastline or diving deep into crystal clear water, then Brittany's the place to do it... So go for it! Alone, or with friends or family, you're bound to find what you're looking for!

Our website has all the addresses you need if you fancy having a go at kite-surfing, wakeboarding, hang-gliding... so if you want to try something new in complete safety, then try it in Brittany.

www.goforit-brittanytourism.com



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Want to party? **What's On**

In Brittany everyone loves a party!

Brittany is the venue when it comes to festivals - there's a real buzz in the air. And you just can't beat all the little cafés and 'café-concert' bars for a really warm, friendly welcome. In fact you might never want to leave Brittany's party atmosphere. But what exactly do we mean by the Breton party spirit? Well that's something you'll just have to find out for yourself...

On our website you'll find all the unmissable events, the best 'café-concert' bars in Brittany, a list of festival dates and much more...

www.whatson-brittanytourism.com

Ready for some pampering? **Wellness**

Take an energy-boosting break in Brittany

Total relaxation, taking some 'me' time... Sounds like a dream? Make it a reality by taking an energy-boosting break in Brittany. The mild, refreshing climate, powerful natural elements, benefits of the sea and other natural resources will all combine to restore your energy levels and leave you relaxed and ready to go!

On our website you'll find all the best thalassotherapy institutes, spas and relaxation centres for a relaxing, revitalising holiday in Brittany.

www.wellness-brittanytourism.com

Getting to Brittany

Brittany loves welcoming visitors, and getting to Brittany has never been easier. Once you're here you'll find it's easy to get around too:

- There are 7 airports offering scheduled and budget flights
- The Atlantique TGV (high speed train) means Paris is only 2 hours from Rennes, 3 hours from Saint-Malo and, in 2012, 3 hours from the furthest tip of Brittany in Finistère
- The dual carriage network that links all Brittany's main towns and cities is completely toll-free
- More than 300 TERs (regional express trains) and 65 coaches make it easy to get around the region
- The www.BreizhGo.com website has all the information you need to organise your journey if you're travelling by public transport

Responsible tourism

A region that takes the future seriously
Protected landscapes, listed heritage sites, green ways, eco-friendly accommodation, organic restaurants and B&Bs - in Brittany your holiday can be 100% sustainable!

Viatao Guide

Discover the "Tao Bretagne" guide, the first sustainable tourism guide available as an iPhone app!



To find out more:
www.brittanytourism.com

Accessible tourism

Making Brittany accessible to everyone!

In Brittany we want everyone to be able to enjoy our tourist facilities, accommodation, and activities. To make sure you enjoy the best possible access during your holiday in Brittany, search our website for places that have been awarded the 'Tourisme & Handicap' seal of approval.

To find out more:
www.brittanytourism.com
section *practical-information/accessible-brittany*



Tourist information centres of Brittany and Loire Atlantique

Calling from abroad, add +33 before the number without "0"

Côtes d'Armor

BELLE-ISLE-EN-TERRÉ	02 96 43 01 71
BINIC SB	02 96 73 60 12
BREHAT (ÎLE)	02 96 20 04 15
CALLAC SV	02 96 45 59 34
CHÂTELAUDREN	02 96 79 77 71
DINAN	02 96 87 69 76
ÉROUÏ SB	02 96 72 30 12
ÉTABLES-SUR-MER	02 96 70 65 41
ÉVRAN	02 96 27 56 30
FREHEL	02 96 41 57 23
GUINGAMP	02 96 43 73 89
JUGON-LES-LACS SV	02 96 31 70 75
LA ROCHE-DERRIEN	02 96 91 59 40
LAMBALLE	02 96 31 05 38
LANCIÉUX	02 96 86 25 37
LANNION	02 96 46 41 00
L'ANVOLLON	02 96 70 12 47
LOUËFAC	02 96 28 25 17
MATIGNON	02 96 41 12 53
MONCONTOUR	02 96 73 49 57
MUR-DE-BRETAGNE	02 96 28 51 41
PAIMPOL	02 96 20 83 16
PENVENAN	02 96 92 81 09
PERROS-GUIREC SB	02 96 23 21 15
PLÉNEUF-VAL-ANDRÉ	02 96 72 20 55
PLESTIN-LES-GRÈVES	02 96 35 61 93
PLEUDANIEL	02 96 22 16 45
PLEUMEUR-BODOU	02 96 23 91 47
PLOUHA	02 96 20 24 73
PLURIEN	02 96 72 18 52
PONTREUX	02 96 95 14 03
QUINTIN	02 96 74 01 51
ROSTRELEN	02 96 29 02 72
SAINT-BRIEUC	08 25 00 22 22
SAINT-CAST-LE-GUILDO SB	02 96 41 81 52
SAINT-JACUT-DE-LA-MER	02 96 27 71 91
SAINT-QUAY-PORTREUX SB	02 96 70 40 64
TREBEURDEN SB	02 96 23 51 64
TREGASTEL	02 96 15 38 38
TREVOU-TREGUIGNEC	02 96 23 71 92

Ile-et-Vilaine

BAIN-DE-BRETAGNE	02 99 43 98 69
BAZOUGES-LA-PÉROUSE	02 99 97 40 94
BÉCHEREL	02 99 66 75 23
BRUZ	02 99 05 56 56
CANCALE SB	02 99 89 63 72
CHÂTEAUGIRON	02 99 37 89 02
CHERRUEIX	02 99 80 84 79
COMBOURG SV	02 99 73 13 93
DINARD SB	02 99 46 94 12
DOL-DE-BRETAGNE	02 99 48 15 37
FOUGÈRES	02 99 94 12 20
LA GUERCHE-DE-BRETAGNE	02 99 96 30 78
MARTIGNÉ-FERCHAUD (ÉTÉ ET SAMEDI)	02 99 47 84 37
MESSAC-GUIPRY	02 99 34 61 60
MONTFORT-SUR-MEU	02 99 09 06 50
PAIMPONT	02 99 07 84 23
PIPRIAC	02 99 34 42 87
RENNES	02 99 67 11 11
SAINT-BRIAC-SUR-MER	02 99 88 32 47
SAINT-BRICE-EN-COGLÈS	02 99 97 85 44
SAINT-COULOMB	02 99 89 09 00
SAINT-LUNAIRE	02 99 46 31 09
SAINT-MALO	08 25 135 200
SAINT-MEËN-LE-GRAND	02 99 09 58 04
TINTÉNIAC (ÉTÉ)	02 99 68 09 62
VITRE	02 99 75 04 46

Morbihan

AURAY	02 97 24 09 75
BELLE ÎLE - LE PALAIS	02 97 31 81 93
BELLE ÎLE - SARZEAU	02 97 41 82 37
CARNAC SB	02 97 52 13 52
DAMGAN	02 97 41 11 32
ERDEVEN	02 97 55 64 60
ÉTEL	02 97 55 23 80
GOURIN	02 97 23 66 33
GUEHENNO	02 97 60 49 06
GUÉMÉNY	02 97 39 33 47
GUÉMÉNY-SUR-SCOREFF	02 97 33 33 47
GUER	02 97 22 04 78
JOSSELIN	02 97 22 36 43
LA GACILLY SV	02 99 08 21 75
LA ROCHE-BERNARD SV	02 99 90 67 98
LA TRINITÉ-PORHOËT	02 97 93 94 34
LA TRINITÉ-SUR-MER	02 97 55 72 21
LES LANDES DE LANVAUX	02 97 66 45 75
LE FAOUËT	02 97 23 23 23
LOCMARIAQUER - CRÉAC'H - SAINT-PHILIBERT	02 97 57 33 05
LOBRIENT	02 97 84 78 00
MALESTROIT	02 97 75 14 57
MUZILLAC	02 97 41 53 04
PELLAC (ÉTÉ)	02 99 91 39 33
PENESTIN SB	02 99 90 37 74
PLOËRMEL	02 97 74 02 70
PLOUAY	02 97 33 11 14
PLOUHARNEL	02 97 52 32 93
PLUVIGNER	02 97 24 79 18
PONTIVY	02 97 25 04 10
PORT-NAVALO-CROUESTY SB	02 97 53 69 69
QUIBERON SB	08 25 13 56 00
RECHÉFORT-EN-TERRÉ - QUESTEMBERT	02 97 26 56 00
SAINTE-ANNE-D'AURAY	02 97 24 34 94
TREHORENTEUC	02 97 93 05 12

Finistère

AUDIERNE	02 98 70 12 20
BANNALEC	02 98 39 43 34
BATZ (ÎLE)	02 98 61 77 76
BEUZEC-CAP-SIZUN	02 98 70 55 51
BRASPARTS	02 98 81 47 06

BREST	02 98 44 24 96
BRIEC-DE-LODET	02 98 57 74 62
BRIGNOGAN	02 98 83 41 08
CAMARET-SUR-MER	02 98 27 93 60
CARANTEC SB	02 98 67 00 43
CARHAIX-PLOUGUER	02 98 93 04 42
CHÂTELAULIN	02 98 86 02 11
CHATEAUNEUF-DU-FAOU	02 98 81 83 90
CLEDER	02 98 69 43 01
CLOHARS-CARNOËT	02 98 39 93 42
COMBRIT-SAINTE-MARINE	02 98 56 48 41
CONCARNEAU	02 98 97 01 44
CROZON-MORGAT	02 98 27 07 92
DOUARNENEZ	02 98 92 13 35
GUERLESQUIN (ÉTÉ)	02 98 72 84 20
GUILLEGOMARCH (ÉTÉ)	02 98 96 33 44
GUISSÉNY	02 98 25 67 99
HUELGOAT	02 98 99 72 32
KERLOUAN	02 98 83 92 87
LAMPAUL-PLUARZEL	02 98 84 04 74
LANDERNEAU	02 98 85 13 09
LANDEVENNEC (ÉTÉ)	02 98 27 78 46
LANDIVISIAU	02 98 68 33 33
LANILDUT	02 98 48 12 88
LANNILIS	02 98 04 05 43
LANVÉOC	02 98 27 59 04
LE CONQUET	02 98 89 11 31
LE FAOU	02 98 81 06 85
LE GUILVINEC	02 98 58 29 29
LESNEVEN - LE FOLGOËT	02 98 83 01 47
LOCQUIREC	02 98 67 40 83
LOCRONAN	02 98 91 70 14
LOCTUDY	02 98 87 53 78
MOËLAN-SUR-MER	02 98 39 67 28
MORLAIX	02 98 62 14 94
NEVEZ SB	02 98 06 87 90
OUËSSANT	02 98 48 85 83
PENMAR'C'H	02 98 58 81 44
PLEYBEN	02 98 26 71 05
PLOMODIERN	02 98 81 27 37
PLONEVÉZ-DU-FAOU	02 98 86 90 07
PLONEVÉZ-PORZAY	02 98 92 53 57
PLUARZEL	02 98 89 69 46
PLOUDALMÉZEAU	02 98 48 12 88
PLOUESCAT SB	02 98 69 62 18
PLOUGASNOU	02 98 67 35 46
PLOUGASTEL-DAOULAS	02 98 40 34 98
PLOUGONVELIN SB SV	02 98 48 30 18
PLOUGUERNEAU	02 98 04 70 93
PLOUHINEC	02 98 70 74 55
PLOUNOUR-TREZ	02 98 83 45 03
PLOZÉVET	02 98 91 45 17
PONT-AVEN	02 98 06 04 70
PONT-CROIX	02 98 70 40 38
PONT-L'ABBÉ	02 98 82 37 99
QUIMPER	02 98 53 04 05
QUIMPERLÉ	02 98 96 04 32
RIEC-SUR-BÉLON	02 98 06 97 65
ROSCOFF SB	02 98 61 12 13
ROSPORDEN (ÉTÉ)	02 98 59 27 26
SAINT-NIC	02 98 26 55 15
SAINT-POL-DE-LÉON	02 98 69 05 69
SAINT-REMAN	02 98 84 23 78
SAINT-THEGONNEC (ÉTÉ)	02 98 79 67 80
SCAËR SV	02 98 59 49 37
SPÉZET	02 98 93 94 70
TELGRUC-SUR-MER	02 98 27 78 06
TREGUNC	02 98 50 22 05
TUDY (ÎLE)	02 98 56 30 14

Loire-Atlantique

BATZ-SUR-MER	02 40 23 92 36
BAULÉ (LA)	02 40 24 34 44
BERNERIE-EN-RETZ (LA)	02 40 82 70 99
BLAIN	02 40 87 15 11
BOURGNEUF-EN-RETZ	02 40 21 93 63
CHAPPELLE-DES-MARAIS (LA)	02 40 66 85 01
CHATEAUBRIANT	02 40 28 20 90
CLISSON	02 40 54 02 95
CROISIC (LE)	02 40 23 00 70
DERVAL	02 40 07 70 10
GUÉMÈNE-PENFAO	02 40 79 30 83
GUERANDE	08 20 150 044
LEGÉ	02 40 26 30 49
LOIRE DIVATTE - LOROUX-BOTTEREAU (LE)	02 40 03 79 76
MACHECOUL	02 40 31 42 87
MESQUER-QUIMAC	02 40 42 64 37
MOUTIERS-EN-RETZ	02 40 82 74 00
NANTES	0 892 464 044
NORT-SUR-ERDRE	02 51 12 60 74
NOZAY	02 40 79 31 64
ODON	02 40 83 80 04
PAIMBEUF	02 40 27 53 82
PIRIAC-SUR-MER	02 40 23 51 42
PLAINÉ-SUR-MER (LA)	02 40 21 52 42
PONTCHÂTEAU	02 40 88 00 87
PORNIC	02 40 82 04 40
PORNICHET	02 40 61 33 33
POULIGUEN (LE)	02 40 42 31 05
PRÉFAILLES	02 40 21 62 22
SAINT-ANDRE-DES-EAUX	02 40 91 53 53
SAINT-BREVIN-LES-PINS	02 40 27 24 32
SAINT-ETIENNE-DE-MONTLUC	02 40 85 95 13
SAINT-GILDES-DES-BOIS	02 40 91 40 10
SAINT-LYPHARD	02 40 91 41 34
SAINT-MARS-LA-JAILLE	02 40 97 00 34
SAINT-MICHEL-CHEF-CHEF	02 40 27 82 54
SAINT-MOLF	02 40 62 58 99
SAINT-NAZAIRE	02 40 22 40 65
SAINT-PHILBERT-DE-GRANDLIEU	02 40 78 73 88
SAVENAY	02 28 01 60 16
SUCÉ-SUR-ERDRE	02 40 77 70 66
TURBALLE (LA)	02 40 23 39 87
VALLET	

Carantec 1e
A beautiful isle-studded bay
Between the Léon and Trégor regions is Morlaix bay, where the remarkable scenery is dotted with little islands. You can walk from the Carantec peninsula to Callot island at low tide, and the whole area is studded with lovely little sandy coves.



Ploumanac'h 1f
Stroll into the heart of the Pink Granite Coast
Ploumanac'h, in the Côtes d'Armor, is a holiday resort famous for its pink granite rocks. The impressive boulders, sculpted by wind and sea, create a view that seems out-of-this-world. A really beautiful, natural spot.



Isle of Bréhat 1g
A flower-filled island
Bréhat is only a ten-minute boat-ride from Arcouest. And yet from the moment you set foot on this island of flowers it's like being in another world, surrounded by so many different varieties of flowers and such beautiful scenery. This really is a little corner of heaven on earth.



Lac de Guerlédan 3f
A green paradise for nature lovers!
Come and explore the heart of Brittany, where you'll find little tree-lined creeks, fabulous hiking trails and beautiful landscapes. The lake is also the perfect place for outdoor activities such as canoeing, kayaking, sailing, water-skiing, mountain-biking and horse-riding...



Cap Fréhel 2h
Spectacular cliffs
From the top of Cap Fréhel's pink sandstone and shale cliffs, which soar 70 metres above the sea, you'll have the most wonderful views of Brittany's beautiful coastline. This outstanding beauty spot is also a bird sanctuary, and you can walk through gorse and heather from here to the famous Fort La Latte.



Saint-Malo 2h
Corsair City
Like a stone ship at the mouth of the river Rance, Saint-Malo stands proudly within city walls that overlook its beaches and busy port. You'll get the best view of the old town by taking a stroll along the wall-walk that surrounds it.



Mont-Saint-Michel 2i
Bay
Beauty as far as the eye can see!
This remarkable bay has been designated a UNESCO World Heritage site for a number of reasons: it has magnificent maritime scenery, the greatest tidal range in France, plus a legendary architectural gem reflected in the vastness of the waves...



Lighthouses
Brilliant night-watchmen
Some of Brittany's lighthouses are open to visitors at certain times of the year: the Ile Verge lighthouse, the Pointe Saint-Mathieu lighthouse, the 'Stiff' on the island of Ushant, the Eckmühl lighthouse at Penmarc'h, the lighthouses on the isles of Sein and Batz, and the Treizhen lighthouse at Plouarzel.



Monts d'Arrée 2e
On the roof of Brittany!
This mountain range in the Armorique Regional Natural Park offers magnificent, almost other-worldly scenery, where heather, gorse and rocky outcrops seem to go on for ever. The view of the Léon area from the top of Roc'h Trevezel is stunning.



Parish Enclosures 2de
True works of art
The area between Morlaix and Brest is famous for its magnificent parish enclosures, typical of rural Brittany. They usually consist of an ossuary, a Calvary decorated with sculptured figures, a chapel and a triumphal gate. See them at Pleyben, Guimiliau, Lampaul-Guimiliau etc.



Crozon Peninsula 2d
Fabulous landscapes
One of the many 'must-see' peninsulas in Brittany, the Crozon peninsula offers breathtaking panoramic views. On a clear day you can see the whole of Douarnenez bay, the islands of Sein, Ushant and Molène. The little fortified port of Camaret is worth a visit.



Bécherel 3h
Old books, new books, and an old-world charm
You'll love strolling around the narrow, twisting streets of this delightful little town, famous for its books. With bookshops, book-binding and calligraphy workshops, this is a paradise for book-lovers... It's also one of Brittany's many Small Towns of Character ('Petites Cités de Caractère').



Rennes 3i
Capital of the Far West!
The friendly city of Rennes, a 'Metropolis of Art and History', is full of surprises. Take a stroll through the historic streets and you'll find something to grab your attention around every corner: a magnificent facade, a concert hall, a trendy eatery, stylish shops... Take your time – or the Metro if you're in a hurry!



Forest of Brocéliande 3ii
Place of mystery and birthplace of legends
Everyone's heard of the legend of King Arthur. But not everyone knows that the legend was born here, in the magnificent forest of Brocéliande surrounded by moors and lakes. Take a walk through the forest to discover this magical site.



Quimper 3e
Town of Art, History, and Legend
It's a real pleasure to stroll the little streets in the old part of Quimper. Half-timbered houses and overhanging upper storeys lean into alleys with curious names, that lead towards the twin-spires of Saint-Corentin cathedral.



Pointe de la Torche 4d
A surfers' paradise
Deep in the heart of the Bigouden area, the Pointe de la Torche is an impressive natural headland. The wind-whipped shores are well-known by surfers, while walkers come to discover the megalithic sites.



The Nantes-Brest Canal 4f
Brittany by water
This 360 km canal is just begging to be explored... slowly! On foot, by bike or on a narrow-boat, follow the canal as it winds through some of Brittany's most beautiful valleys. Along the way, explore the character towns, mediaeval castles and little marinas. You'll come across some lovely surprises!



Belle île 5f
Brittany's largest island
The 'Belle île' or 'Beautiful Island' really deserves its name from sandy beaches to spectacular cliffs, from brightly-coloured harbours to the leafy green countryside, the island offers a rich mosaic of scenery. Don't miss the lighthouse, or the panoramic views from Port-Coton or Port-Goulphar...



Carnac 4f
Standing stones sprouting from the landscape!
This place is really hard to beat! Around 3,000 standing stones, stretch out across the moors. It's one of the most remarkable collections of standing stones in the world. Brittany has plenty of others: Saint-Just, the Rock of the Fairies, the Barnenez tumulus...



Gulf of Morbihan 4g
Crystal clear waters in a beautiful little sea
42 green islands studing an azure-blue sea. The landscape here is pretty as a postcard, and the weather is great too. Don't miss the little port of Conleau, the islands of Moine and Arz, or Port-Navalo...



Rochefort-en-Terre 4h
Magnificent town in bloom
This is one of Brittany's loveliest Small Towns of Character ('Petites Cités de Caractère'). Come and gaze at the town walls, castle and beautifully preserved old houses. Or discover local skills in the town's galleries and pretty craft shops, which are bustling throughout the year.

